







# **Content**

1.	Introduction
2.	Participants and categories
3.	Applicable regulations - Technical guide
4.	Classification of the races
5.	Points
6.	Registration
7.	Requirements for participation
8.	Registration fee
9.	Starting position for the first race
10.	Starting position after the first race
11.	Signing the start list
12.	Prize money scheme
13.	Start numbers
14.	Time and attendance
15.	Overall prize money scheme
16.	Preparation by the organizer
17.	Final provisions
Appendix 1	Scoring

# **Rules 3 NATIONS CUP 2020**

**1. Introduction**The 3 Nations Cup 2020 is a series of 8 mountain bike competitions that take place in Belgium, the Netherlands and Germany.

The following competitions are part of the 3 Nations Cup 2020:

Begin Date	End Date	Place	Class
28-03-20	29-03-20	Solingen (GER)	Int. Class 2
04-04-20	05-04-20	Beringen (BEL)	Int. Class 1
02-05-20	03-05-20	Saalhausen (GER)	Int. Class 2
04-07-20	05-07-20	Houffalize (BEL)	Int. Class HC
22-08-20	23-08-20	Assen (NED)	Int. Class 2
29-08-20	30-08-20	Zoetermeer (NED)	Int. Class 2
12-09-20	13-09-20	Lemerlerberg (NED)	Int. Class 2
19-09-20	20-09-20	Wetter-Ruhr (GER)	Int. Class 2

# 2 Participants and categories

# 2.1 Licensee

A general classification is made for the following categories:

## Men:

Category	Year of birth	Comment
U17 Boys	2005 – 2004	
Junior men U 19	2003 – 2002	
Elite men (including U23)	2001 – older	
Amateurs (amateurs) / BE : Elite 3	2001 – older	Joint start with Master 35+ Separate daily scoring in Germany. Number of points in Belgium shared with Master 35 + Overall rating in the overall classification

Master 35+ (masters) BE : Masters 1		Joint start with amateurs / FUNA. Separate daily scoring in Germany. In the Netherlands and Belgium joint rating with Amateurs / Elite 3. Rating in Belgium shared with amateurs / Elite 3
		Overall rating shared
Master 40+(masters)	1980 – 1976	
Master 45+(masters)	1975 – 1971	
Master 50+(masters)	1970 – 1966	
Master 55+(masters)	1960 – older	

Category	Year of birth	Comment
U 17 Girls	2005 – 2004	
Junior women U 19	2003 – 2002	
Elite women (including U 23 & Amateurs)	2001 – older	

# 2.2 Not license holder

Each organizer is free to choose whether a competition for non-licensees should be added to the program. Participants must be insured according to the regulations of the area in which the competition is taking place.

# 3. Applicable regulations - Technical guide

All UCI categories in the competitions mentioned under 2.1 are organized according to the UCI rules. National regulations apply to the other categories under 2.1. Furthermore, the route classification in connection with safety information for drivers, trainers and the jury has to be mentioned. This can be found on the homepage of the 3 Nations Cup at the individual organizers under Track Classification.

The "Final Technical Guide" will be published no later than 2 months before the competition.

# **4.** Classification of the races

All races belonging to the 3 Nations Cup 2020 must be registered in one of the following categories:

- HC;
- Class 1;
- Class 2;

### 5. Points

#### 5.1 Rating

See Appendix 1. The number of points differs depending on the UCI category.

5.2 The general classification is based on the diagram "Score 3 Nations Cup 2020", as can be seen in Appendix 1. The points are awarded according to this chart, the nationality of the drivers is not relevant. This shows that the 3 Nations Cup 2020 can also be won by a driver from a country other than the Netherlands, Belgium or Germany. All results of the competitions are included in the count. As a result, there are no discounted results.

#### 6. Registration / Log In

The correct registration module is referred to on the website <a href="www.3nationscup.eu">www.3nationscup.eu</a> In 2020 the registration for all races in the 3 Nations Cup will take place in Belgium, the Netherlands and Germany only via Time & Voice <a href="https://time-and-voice.com/cups/mtb-3-nations-cup-2020">https://time-and-voice.com/cups/mtb-3-nations-cup-2020</a>. This is only possible via SEPA direct debit.

Registration is only valid after online registration and payment of the registration fee. In case of non-participation, the drivers will not be compensated. Registration on the day of the event is only possible if the late registration fee has been paid in the amount specified on the organizer's website. This additional fee goes to the organizer.

Pre-registration ends Tuesday evening before the race at 11:59 p.m.

In Saalhausen, because of the holiday on May 1st, it ends on Monday evening before the race at 11:59 p.m.

You can register up to 1 hour before the start of the respective racing category. Participants who register later are always placed in the back. This rule does not apply to drivers with UCI points who start in a UCI category.

# 7. Requirements for participation

Riders licensed by the Royal Dutch Cycling Union (KNWU) do not need to obtain permission from the association to take part in the 3 Nations Cup 2020 international races.

Riders with a license from the Belgian Cycling Association FCWB (Fédération Cyclisme, Wallonie Bruxelles) and WBV (Cycling Association Flanders) do not need a permit to participate in the races of the 3 Nations Cup 2020.

Riders with a license from the German Cyclists Association (BDR) do not need an entitlement to participate in the races of the 3 Nations Cup 2020.

#### 8. Registration fee in Euros

Competition	UCI Category	Other Category	Funrace	
HC	35	25	*	
Classe1	25	20	*	
Classe2	20	15	*	

<sup>\*</sup> Free choice for the organizer.

The above amounts are maximum rates, an organizer is allowed to reduce them.

#### 9. Starting position in the first race

The starting order is determined based on:

- 1. The last published interim ranking in the UCI MTB ranking
- 2. The 10 best places in last year's overall ranking alternating between the 3 Nations Cup and the NRW Cup. For those placed in the NRW Cup U 17 and U 19 the following applies: the five best placed in the age group and the five best placed from the younger age group, who have changed due to their age.

Example: the best 5 from the U 19 of 2019 who are still driving U 19 in 2020 and the best 5 from the U 17 of 2019 who will change to U 19 in 2020 due to their age.

- 3. According to a draw
- 4. The jury chairman may provide a privileged starting position for up to five drivers (not for races in UCI categories). These drivers will start from 11th to 15th position.

# 10.1 Starting position after the first race

After the first race of the 3 Nations Cup 2020, the starting positions will be determined based on the following guidelines:

- 1. The last published interim ranking in the UCI MTB ranking
- 2. According to the overall ranking in the 3 Nations Cup and NRW Cup alternately
- 3. According to a draw
- 4. The jury chairman may provide a privileged starting position for up to five drivers (not for races in UCI categories). These drivers will start from 11th to 15th position.

# 10.2 Starting position U 17 in Wetter (Ruhr)

10.1 does not apply to the U 17 category (male / female) at the ABUS Ruhrbike Festival in Wetter (Ruhr). The finals for the German Junior MTB XCO Championship will be held there. The starting grid of the XCO race on Sunday is based on the result of the slalom competition on Saturday. Drivers who do not take part in the slalom will be placed in the back of the grid. All further details on this competition format will be published on the organizer's website and are binding.

# 11. Signing the start list

### All drivers are obliged to sign the start list.

This list is used by the jury to call the drivers for the start. Drivers who have not signed will not be called and will be lined up behind the starting field.

The signing of the start lists and the registration of the daily entries can take place at least one hour before the start of the race. With daily entries, these participants always start in the back in all races (with the exception of the drivers in the UCI categories with UCI points).

The drawing list is also the starting order. The start list is effectively used in preparing drivers.

This list is not used in German races.

#### 12. Prize money scheme & Podium ceremony

The organizer is obliged to pay at least the prices according to the prize money scheme published by the UCI and the national associations.

The prize money for the races in Belgium in the Elite and Women Elite categories is paid by the national association by paying into the drivers bank account. It is therefore mandatory for the award winners to fill out a form (in the competition office after the race). This can be done up to 60 minutes after the arrival.

The first 3 drivers of each category will be honored by a podium ceremony. The organizer will announce the time of the award ceremony after the race. Uncollected prices go back to the organizer.

Price list per race (may vary if the mandatory prize money for the UCI categories changes, for example due to regulations of the national association):

Men /Women Elite HC /C1 /C2	Junior men / junior women HC/C1/C2	Boys U 17/ Girls U 17	Master 35 Master 40 Master 45 Master 50 Master 55	Amateurs/ België Elite 3
1000/600/250	200/130/80	65	50	40
800/500/200	130/100/65	50	35	25
600/400/150	100/80/50	30	20	15
500/300/125	80/65/30	25	15	10
400/250/100	65/55/25	20	10	5
300/200/90	50/45/XX			
250/150/80	45/40/XX			
200/125/70	30/30/XX			
150/100/60	25/25/XX			
100/50/50	20/20/XX			
4300/2675/1175	745/590/250	2x190	5x 130	1x 95
	HC /C1 /C2 1000/600/250 800/500/200 600/400/150 500/300/125 400/250/100 300/200/90 250/150/80 200/125/70 150/100/60 100/50/50	Men /Women Elite         women HC/C1/C2           1000/600/250         200/130/80           800/500/200         130/100/65           600/400/150         100/80/50           500/300/125         80/65/30           400/250/100         65/55/25           300/200/90         50/45/XX           250/150/80         45/40/XX           200/125/70         30/30/XX           150/100/60         25/25/XX           100/50/50         20/20/XX	Men /Women Elite         women HC/C1/C2         Girls U 17           HC /C1 /C2         200/130/80         65           800/500/200         130/100/65         50           600/400/150         100/80/50         30           500/300/125         80/65/30         25           400/250/100         65/55/25         20           300/200/90         50/45/XX           250/150/80         45/40/XX           200/125/70         30/30/XX           150/100/60         25/25/XX           100/50/50         20/20/XX	Men /Women Elite         Junior men / junior women HC/C1/C2         Boys U 17/ Girls U 17         Master 40 Master 45 Master 50 Master 50 Master 55           1000/600/250         200/130/80         65         50           800/500/200         130/100/65         50         35           600/400/150         100/80/50         30         20           500/300/125         80/65/30         25         15           400/250/100         65/55/25         20         10           300/200/90         50/45/XX         250/150/80         45/40/XX           200/125/70         30/30/XX         150/100/60         25/25/XX           100/50/50         20/20/XX         20/20/XX

The prize money is the minimum prize money. An organizer is allowed to increase the prize money.

## 13.1 Start numbers and shirt number Germany

The start numbers and shirt numbers are supplied by Time & Voice in Germany. The numbers in Germany must be returned after the race. A deposit is charged for the start number: license or 10 Euros.

# 13.2 Belgium and the Netherlands

In Belgium and the Netherlands, the start numbers are issued by the KNWU, and drivers receive a start number and a jersey number the first time they participate. This number applies to the entire series. The driver is responsible for the correct use of the handlebars and shirt number. A reproduction of the handlebars and back number is allowed for a fee of 10 Euros.

# 14. Time recording Germany

Time recording is done via Time & Voice. The time is recorded by measuring the handlebar number.

## 15. Prize money (for general classification)

The total prize money is divided as follows:

	Men Elite	Women Elite	Junior Men Junior Women	U 17 Boys U 17 Girls	Amateurs Master35+ Master40+ Master45+ Master50+ Master55+	
1	450	250	100	100	70	
2	350	200	80	80	60	
3	275	150	60	60	40	
4	200	100	40	40	20	
5	175	50	20	20	10	
6	150					
7	100					
8	80					
9	50					
10	20					1
Sub	1850	750	300	300	200	1
Total	1850	750	600	600	1200	5000

## 16. Preparation by the organizer

Team Parking:

There must be enough space for the teams to park. The maximum price that the organizer can charge for this is  $\in$  5 per m<sup>2</sup>.

Tickets:

The organizers receive the full amount from all paid tickets.

The maximum admission price is  $\in$  5 per day.

Driver tapes:

The organizer must have 3 tapes per registration.

1 for the driver himself and 2 for the carer/supervisor.

This means that the supervisors can enter the catering and material zone and have free access to the course during all competitions.

A specification with additional information is provided for the Belgian races.

### 17. Final provisions

In all cases that are not covered by these provisions, the coordinator will decide on the 3 Nations Cup 2020 in consultation with the organization. Changes must be communicated with the participants as soon as possible and published in various media.

# Appendix 1: Scoring

The points to be scored depend on the UCI rating of the competition.

Place	НС	C1	C2
1	120	105	95
2	103	98	93
3	97	92	87
4	92	87	82
5	88	83	78
6	85	80	75
7	82	77	72
8	80	75	70
9	78	73	68
10	76	71	66
11	75	70	65
12	74	69	64
13	73	68	63
14	72	67	62
15	71	66	61
16	70	65	60
17	69	64	59
18	68	63	58
19	67	62	57
20	66	61	56
21	65	60	55
22	64	59	54
23	63	58	53
24	62	57	52
25	61	56	51

Place	НС	C1	C2
26	70	55	45
27	59	54	49
28	58	53	48
29	57	52	47
30	56	51	46
31	55	50	45
32	54	49	44
33	53	48	43
34	52	47	42
35	51	46	41
36	50	45	40
37	49	44	39
38	48	43	38
39	47	42	37
40	46	41	36
41	45	40	35
42	44	39	34
43	43	38	33
44	42	37	32
45	41	36	31
46	40	35	30
47	39	34	29
48	38	33	28
49	37	32	27
50	36	31	26

Place	НС	C1	C2
51	45	30	20
52	34	29	24
53	33	28	23
54	32	27	22
55	31	26	21
56	30	25	20
57	29	24	19
58	28	23	18
59	27	22	17
60	26	21	16
61	25	20	15
62	24	19	14
63	23	18	13
64	22	17	12
65	21	16	11
66	20	15	10
67	19	14	9
68	18	13	8
69	17	12	7
70	16	11	6
71	15	10	5
72	14	9	4
73	13	8	3
74	12	7	2
75	11	6	1
76 and more	10	5	1